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OK Arona kauss 2010  
Results 2. diena

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| Pl   | Stno | Name              | Club                 | Time  |
|------|------|-------------------|----------------------|-------|
| V8*  | (1)  | 1.6 km            | 6 C                  |       |
| 1    | 283  | Klāvs Pļaviņš     | Madonas BJSS         | 37:06 |
| S10* | (6)  | 1.6 km            | 6 C                  |       |
| 1    | 286  | Elīna Skopāne     | Sm BJSS - Azimuts OK | 17:05 |
| 2    | 285  | Monika Baduna     | Madonas BJSS         | 18:59 |
| 3    | 284  | Zanda Stabiņa     | Sm BJSS - Azimuts OK | 22:05 |
| 4    | 288  | Agnija Nagle      | Madonas BJSS         | 22:07 |
| 5    | 287  | Elizabete Vimba   | Ziemeļkurzeme OK     | 22:47 |
| 6    | 289  | Anna Orleāne      | Kāpa OK / Laimīte    | 28:51 |
| V10* | (8)  | 1.6 km            | 6 C                  |       |
| 1    | 293  | Ansis Poikāns     | Auseklis IK          | 14:33 |
| 2    | 294  | Rūdolfs Vimba     | ZVOC - Valmieras BSS | 15:06 |
| 3    | 296  | Matīss Leitlands  | ZVOC - Valmieras BSS | 15:46 |
| 4    | 291  | Rihards Gailis    | Auseklis IK          | 15:56 |
| 5    | 298  | Ainārs Breidaks   | Madonas BJSS         | 16:39 |
| 6    | 292  | Andrejs Valdbergs | Madonas BJSS         | 21:03 |
| 7    | 295  | Mikus Poikāns     | Auseklis IK          | 24:06 |
|      | 297  | Jānis Jansons     | Jaunpiebalga         | mp    |
| S12  | (6)  | 2.4 km            | 0 m 8 C              |       |
| 1    | 304  | Sabīne Dzalba     | Meridiāns - CPSS     | 28:04 |
| 2    | 306  | Sendija Prauliņa  | Madonas BJSS         | 30:09 |
| 3    | 303  | Laura Nelsone     | Kāpa OK              | 38:17 |
| 4    | 302  | Klinta Kalniņa    | Meridiāns - CPSS     | 47:52 |
| 5    | 300  | Zelma Lapiņa      | Kāpa OK / Laimīte    | 51:35 |
| 6    | 301  | Sanda Sirmā       | Madonas BJSS         | 53:09 |
| V12  | (18) | 2.4 km            | 0 m 8 C              |       |
| 1    | 320  | Kārlis Kaminskis  | Meridiāns - CPSS     | 19:39 |
| 2    | 313  | Kalvis Kaļva      | Madonas BJSS         | 22:17 |
| 3    | 319  | Ivo Freimanis     | Madonas BJSS         | 24:39 |
| 4    | 309  | Vairis Valdbergs  | Madonas BJSS         | 25:28 |
| 5    | 317  | Niks Pļaviņš      | Madonas BJSS         | 26:03 |



|    |                         |                                |       |
|----|-------------------------|--------------------------------|-------|
| 6  | 316 Uldis Upītis        | Kāpa OK                        | 26:15 |
| 7  | 311 Kristaps Indriksons | Madonas BJSS                   | 26:37 |
| 8  | 314 Matīss Slikšjānis   | Sm BJSS - Azimuts OK           | 26:41 |
| 9  | 312 Ilgvars Caune       | Sm BJSS - Azimuts OK           | 28:01 |
| 10 | 325 Atis Valdbergs      | Madonas BJSS                   | 30:05 |
| 11 | 323 Emīls Stiprais      | Madonas BJSS                   | 37:14 |
| 12 | 326 Matīss Kļaviņš      | Madonas BJSS                   | 39:09 |
| 13 | 315 Nils Ikaunieks      | Madonas BJSS                   | 40:46 |
| 14 | 310 Edgars Indrāns      | Kāpa OK                        | 48:45 |
| 15 | 318 Gunārs Gaumīgs      | Bebri OK                       | 49:22 |
| 16 | 322 Ingmārs Kārklīņš    | Rīgas 5. sepeciālā internātpam | 56:03 |
|    | 324 Kristeris Leimanis  | Jaunpiebalga                   | mp    |
|    | 308 Aivis Medinieks     | Madonas BJSS                   | mp    |

S14 (13) 3.0 km 0 m 11 C

|    |                             |                      |       |
|----|-----------------------------|----------------------|-------|
| 1  | 329 Annija Anna Zaļaiskalna | Auseklis IK          | 25:29 |
| 2  | 334 Monta Mišina            | Auseklis IK          | 28:19 |
| 3  | 332 Madara Brice            | RSP                  | 28:51 |
| 4  | 335 Anete Čama              | Sm BJSS - Azimuts OK | 30:52 |
| 5  | 338 Laura Puķīte            | Kāpa OK              | 31:07 |
| 6  | 336 Kendija Aparjode        | Kāpa OK              | 31:36 |
| 7  | 337 Diāna Marta Ruka        | RSP                  | 33:49 |
| 8  | 331 Agnese Kārklīņa         | Meridiāns - CPSS     | 40:26 |
| 9  | 330 Pārsla Kupriša          | Sm BJSS - Azimuts OK | 43:30 |
| 10 | 333 Austra Zušēvica         | Kāpa OK / Laimīte    | 48:29 |
| 11 | 339 Gunita Freimane         | Saldus OK            | 55:15 |
|    | 340 Arta Glāzere            | Jaunpiebalga         | mp    |
|    | 341 Sigita Kļava            | Jaunpiebalga         | mp    |

V14 (23) 3.7 km 0 m 13 C

|    |                         |                      |         |
|----|-------------------------|----------------------|---------|
| 1  | 116 Valdemārs Nulle     | Sm BJSS - Azimuts OK | 30:27   |
| 2  | 121 Ģirts Leontjevs     | Madonas BJSS         | 30:55   |
| 3  | 127 Klāvs Linde         | Meridiāns - CPSS     | 31:03   |
| 4  | 124 Atis Dēvits         | Saldus OK            | 33:02   |
| 5  | 126 Endijs Titomers     | Alnis OK - JNSC      | 33:37   |
| 6  | 112 Ritvars Glūdiņš     | Saldus OK            | 33:46   |
| 7  | 105 Emīls Vainovskis    | Saldus OK            | 35:00   |
| 8  | 120 Jēkabs Knēts        | Meridiāns - CPSS     | 35:35   |
| 9  | 128 Aivis Šiliņš        | Alnis OK - JNSC      | 35:58   |
| 10 | 129 Jānis Grimza        | Meridiāns - CPSS     | 36:29   |
| 11 | 117 Atis Heinols        | ZVOC - Valmieras BSS | 37:09   |
| 12 | 111 Tomass Andersons    | Alnis OK - JNSC      | 37:32   |
| 13 | 122 Mundis Mišins       | Auseklis IK          | 37:45   |
| 14 | 118 Mārtiņš Šķesteris   | Meridiāns - CPSS     | 40:23   |
| 15 | 114 Niks Ramanis        | Sm BJSS - Azimuts OK | 43:48   |
| 16 | 109 Raimonds Purvinskis | Meridiāns - CPSS     | 44:18   |
| 17 | 119 Kristeris Aparjods  | Kāpa OK              | 50:26   |
| 18 | 108 Arvis Burķītis      | Madonas BJSS         | 54:53   |
| 19 | 106 Dinārs Gutāns       | Madonas BJSS         | 58:08   |
| 20 | 113 Toms Tipainis       | Madonas BJSS         | 1:01:23 |



|    |                     |                      |         |
|----|---------------------|----------------------|---------|
| 21 | 123 Matīss Vītoliņš | ZVOC - Valmieras BSS | 1:06:05 |
|    | 125 Reinis Zalte    | ZVOC - Valmieras BSS | mp      |
|    | 110 Jānis Veļķeris  | Alūksne OK           | mp      |

S16 (12) 4.3 km 0 m 16 C

|    |                      |                      |         |
|----|----------------------|----------------------|---------|
| 1  | 97 Līga Valdmane     | ZVOC - Valmieras BSS | 38:41   |
| 2  | 101 Anete Gurtina    | Auseklis IK          | 45:14   |
| 3  | 99 Zane Nāgele       | Kāpa OK              | 45:49   |
| 4  | 103 Sigita Lapsiņa   | Madonas BJSS         | 47:48   |
| 5  | 98 Arta Martinsons   | Meridiāns - CPSS     | 47:51   |
| 6  | 95 Diāna Cabiņa      | Alnis OK - JNSC      | 51:13   |
| 7  | 96 Marta Jansona     | Meridiāns - CPSS     | 51:52   |
| 8  | 94 Edīte Bričonoka   | Kāpa OK - Carnikava  | 55:36   |
| 9  | 93 Gerda Šadurska    | Auseklis IK          | 1:02:22 |
| 10 | 102 Ieva Šķestere    | Meridiāns - CPSS     | 1:24:43 |
| 11 | 100 Līga Lamberte    | Meridiāns - CPSS     | 1:28:46 |
| 12 | 104 Kristīne Fundure | Meridiāns - CPSS     | 1:33:26 |

V16 (19) 6.2 km 0 m 19 C

|    |                        |                      |         |
|----|------------------------|----------------------|---------|
| 1  | 85 Emīls Dzalbs        | Meridiāns - CPSS     | 47:28   |
| 2  | 74 Valters Ļubinskis   | ZVOC - Valmieras BSS | 49:29   |
| 3  | 83 Emīls Henrijs Taube | ZVOC - Valmieras BSS | 51:30   |
| 4  | 82 Jānis Baunis        | Madonas BJSS         | 53:39   |
| 5  | 80 Pēteris Liepa       | ZVOC - Valmieras BSS | 54:40   |
| 6  | 77 Emīls Galvāns       | Gulbenes n. BJSS     | 56:02   |
| 7  | 86 Alvis Reinsons      | Auseklis IK          | 57:30   |
| 8  | 79 Ēriks Gruzde        | Meridiāns - CPSS     | 57:44   |
| 9  | 73 Gatis Berežņojs     | Saldus OK            | 57:55   |
| 10 | 91 Klāvs Stiprais      | Madonas BJSS         | 58:57   |
| 11 | 90 Rītvārs Karpikovs   | Alnis OK - JNSC      | 59:31   |
| 12 | 78 Daniels Kārklīņš    | ZVOC - Valmieras BSS | 59:49   |
| 13 | 87 Imants Lūsiņš       | Meridiāns - CPSS     | 1:01:25 |
| 14 | 81 Kristaps Zālītis    | Sm BJSS - Azimuts OK | 1:07:05 |
| 15 | 76 Mareks Mangūzis     | Madonas BJSS         | 1:09:14 |
| 16 | 88 Rihards Staģis      | Auseklis IK          | 1:14:52 |
| 17 | 75 Egils Bošs          | Gulbenes n. BJSS     | 1:15:29 |
| 18 | 84 Jurgis Ruduss       | Madonas BJSS         | 1:15:30 |
|    | 89 Dāvis Alksnis       | Meridiāns - CPSS     | mp      |

S18 (15) 6.2 km 0 m 19 C

|   |                      |                      |         |
|---|----------------------|----------------------|---------|
| 1 | 61 Sabīne Tilta      | ZVOC - Valmieras BSS | 56:45   |
| 2 | 63 Elīna Svilpe      | Madonas BJSS         | 1:01:28 |
| 3 | 66 Beāta Zaļaiskalna | Auseklis IK          | 1:05:05 |
| 4 | 64 Amanda Zilišķe    | Auseklis IK          | 1:15:18 |
| 5 | 59 Sindija Širaka    | Gulbenes n. BJSS     | 1:19:39 |
| 6 | 67 Agnese Geduševa   | ZVOC - Valmieras BSS | 1:22:36 |
| 7 | 58 Daina Saltuma     | Madonas BJSS         | 1:24:23 |



|    |                       |                      |         |
|----|-----------------------|----------------------|---------|
| 8  | 69 Rūta Plakane       | Auseklis IK          | 1:25:46 |
| 9  | 72 Anete Geduševa     | ZVOC - Valmieras BSS | 1:28:03 |
| 10 | 60 Rūta Putniņa       | Madonas BJSS         | 1:28:34 |
| 11 | 62 Katrīna Kosmačeva  | Prizma OK            | 1:30:25 |
| 12 | 70 Ieva Dukure        | ZVOC - Valmieras BSS | 1:40:11 |
| 13 | 71 Krista Strautniece | Alnis OK - JNSC      | 1:40:19 |
|    | 68 Agnese Dadzīte     | Madonas BJSS         | mp      |
|    | 57 Monta Daģe         | Individuāli          | mp      |

V18 (11) 7.0 km 0 m 20 C

|    |                            |                      |         |
|----|----------------------------|----------------------|---------|
| 1  | 49 Jānis Sārs              | Madonas BJSS         | 53:33   |
| 2  | 53 Jurgis Suts             | ZVOC - Valmieras BSS | 55:07   |
| 3  | 51 Rūdolfs Šadrins         | Kāpa OK - Carnikava  | 55:55   |
| 4  | 52 Kristaps Magone         | Meridiāns - CPSS     | 1:00:52 |
| 5  | 48 Jānis Nulle             | Sm BJSS - Azimuts OK | 1:04:19 |
| 6  | 45 Kristaps Vējš - Āboliņš | Gulbenes n. BJSS     | 1:07:46 |
| 7  | 46 Andris Gailis           | Auseklis IK          | 1:07:56 |
| 8  | 50 Edgars Spirido          | Sm BJSS - Azimuts OK | 1:09:09 |
| 9  | 47 Jānis Bošs              | Gulbenes n. BJSS     | 1:12:59 |
| 10 | 44 Toms Rozentāls          | ZVOC - Valmieras BSS | 1:15:52 |
|    | 54 Uldis Katlaps           | Cēsu sporta skola    | mp      |

S20 (5) 6.2 km 0 m 19 C

|   |                   |                      |         |
|---|-------------------|----------------------|---------|
| 1 | 37 Laura Nīmante  | ZVOC - Valmieras BSS | 1:03:58 |
| 2 | 40 Terēze Vimba   | ZVOC - Valmieras BSS | 1:12:45 |
| 3 | 42 Agnese Katlapa | Cēsu sporta skola    | 1:24:54 |
| 4 | 38 Lāsma Freimane | Sprīdītis TSK        | 1:25:52 |
| 5 | 39 Māra Stolere   | Saldus OK            | 1:48:43 |

V20 (5) 6.9 km 0 m 18 C

|   |                        |                  |         |
|---|------------------------|------------------|---------|
| 1 | 32 Dāvis Sārs          | Madonas BJSS     | 47:06   |
| 2 | 33 Jānis Tamužs        | Auseklis IK      | 48:19   |
| 3 | 34 Didzis Viksne       | Meridiāns - CPSS | 51:07   |
| 4 | 31 Zigmārs Gailis      | Auseklis IK      | 56:56   |
| 5 | 35 Viktors Borisovskis | Gulbenes n. BJSS | 1:17:15 |

S21E (4) 6.9 km 0 m 18 C

|   |                   |              |         |
|---|-------------------|--------------|---------|
| 1 | 29 Baiba Ozola    | Mona OK      | 1:02:15 |
| 2 | 28 Līga Ārniece   | RSP          | 1:09:18 |
| 3 | 27 Elīna Kārkliņa | Madonas BJSS | 1:11:53 |
|   | 22 Liene Veispale | Auseklis IK  | mp      |



|      |     |                 |              |         |  |
|------|-----|-----------------|--------------|---------|--|
| V21E | (5) | 9.3 km          | 0 m          | 27 C    |  |
| 1    | 17  | Andris Jubelis  | Madonas BJSS | 1:03:10 |  |
| 2    | 15  | Valters Āboliņš | RSP          | 1:07:18 |  |
| 3    | 5   | Daniils Ozoliņš | Auseklis IK  | 1:10:24 |  |
| 4    | 13  | Atis Rešķis     | Saldus OK    | 1:11:13 |  |
| 5    | 10  | Viktors Mateičs | Saldus OK    | 1:26:51 |  |

|      |     |                      |                  |         |  |
|------|-----|----------------------|------------------|---------|--|
| S21A | (5) | 5.6 km               | 0 m              | 18 C    |  |
| 1    | 138 | Madara Šinke         | Kāpa OK          | 58:53   |  |
| 2    | 137 | Ilona Daģe           | Alnis OK         | 1:00:49 |  |
| 3    | 135 | Kristīne Ruka        | RSP              | 1:04:51 |  |
| 4    | 133 | Eva Haberkorne-Vimba | Ziemeļkurzeme OK | 1:07:27 |  |
| 5    | 136 | Ilze Pužule          | Burkānciems OK   | 1:09:32 |  |

|      |      |                       |                      |             |    |
|------|------|-----------------------|----------------------|-------------|----|
| V21A | (10) | 7.0 km                | 0 m                  | 23 C        |    |
| 1    | 148  | Andis Malējs          | Meridiāns - CPSS     | 52:41       |    |
| 2    | 150  | Andis Janovs          | Briksnis SK          | 54:00       |    |
| 3    | 147  | Austris Krastiņš      | ZVOC - Valmieras BSS | 56:57       |    |
| 4    | 145  | Mārtiņš Vimba         | Ziemeļkurzeme OK     | 57:08       |    |
| 5    | 149  | Artjoms Rekuņenko     | Madonas BJSS         | 57:45       |    |
| 6    | 143  | Gints Jubelis         | Madonas BJSS         | 1:03:02     |    |
| 7    | 140  | Jānis Zaļaiskalns     | Auseklis IK          | 1:03:53     |    |
| 8    | 146  | Aleksandrs Tambovcevs | Auseklis IK          | 1:09:58     |    |
| 9    | 141  | Salvis Daģis          | Alnis OK             | 1:20:16     |    |
|      |      | 142                   | Kristaps Kalniņš     | Auseklis IK | mp |

|      |     |               |             |       |  |
|------|-----|---------------|-------------|-------|--|
| S21B | (4) | 3.7 km        | 0 m         | 13 C  |  |
| 1    | 163 | Ieva Krastiņa | Individuāli | 41:56 |  |
| 2    | 162 | Iveta Veļķere | Alūksne OK  | 50:01 |  |
| 3    | 164 | Daiga Reine   | Auseklis IK | 54:00 |  |
| 4    | 159 | Inga Krīma    | Vīga OK     | 55:37 |  |

|      |     |                 |             |       |  |
|------|-----|-----------------|-------------|-------|--|
| V21B | (2) | 4.8 km          | 0 m         | 15 C  |  |
| 1    | 167 | Uldis Svilāns   | Individuāli | 51:51 |  |
| 2    | 166 | Raivis Reinsons | Auseklis IK | 55:24 |  |

|     |     |                 |                |         |  |
|-----|-----|-----------------|----------------|---------|--|
| S35 | (4) | 5.6 km          | 0 m            | 18 C    |  |
| 1   | 171 | Renāte Kārkliņa | Individuāli    | 54:37   |  |
| 2   | 172 | Ilze Skangale   | Burkānciems OK | 57:09   |  |
| 3   | 173 | Aiga Kalniņa    | Individuāli    | 1:02:22 |  |



|     |      |                      |                      |         |
|-----|------|----------------------|----------------------|---------|
| 4   | 170  | Ruta Poikāne         | Auseklis IK          | 1:20:28 |
| V35 | (2)  | 7.0 km 0 m           | 23 C                 |         |
| 1   | 175  | Uvis Soika           | Viga OK              | 55:16   |
| 2   | 176  | Kārlis Andersons     | RSP                  | 59:51   |
| S40 | (2)  | 5.6 km 0 m           | 18 C                 |         |
| 1   | 180  | Indra Erdlāne        | Individuāli          | 1:12:49 |
| 2   | 181  | Inta Mihailova       | Auseklis IK          | 1:21:20 |
| V40 | (7)  | 6.9 km 0 m           | 18 C                 |         |
| 1   | 184  | Valters Kaminskis    | Meridiāns - CPSS     | 50:05   |
| 2   | 187  | Guntars Mankus       | Saldus OK            | 50:55   |
| 3   | 186  | Juris Knēts          | Meridiāns - CPSS     | 55:40   |
| 4   | 183  | Dainis Krieviņš      | Auseklis IK          | 58:29   |
| 5   | 188  | Valters Freidenfelds | Ziemeļkurzeme OK     | 1:01:05 |
| 6   | 185  | Māris Stabiņš        | Sm BJSS - Azimuts OK | 1:03:02 |
| 7   | 189  | Juris Ostups         | Kāpa OK              | 1:09:14 |
| S45 | (5)  | 4.4 km 0 m           | 14 C                 |         |
| 1   | 192  | Agrita Pilābere      | Meridiāns - CPSS     | 49:42   |
| 2   | 190  | Gunta Dudele         | Sm BJSS - Azimuts OK | 52:02   |
| 3   | 195  | Rota Šņuka           | Bebri OK             | 1:07:42 |
| 4   | 191  | Daiga Rīgava         | Alnis OK - JNSC      | 1:18:05 |
| 5   | 196  | Antra Gaumiga        | Bebri OK             | 1:40:29 |
| V45 | (12) | 6.5 km 0 m           | 18 C                 |         |
| 1   | 209  | Sergejs Šadrins      | Kāpa OK - Carnikava  | 51:48   |
| 2   | 207  | Aivars Mihailovs     | Auseklis IK          | 51:59   |
| 3   | 204  | Igoris Bužs          | Meridiāns - CPSS     | 52:06   |
| 4   | 198  | Ēriks Ūdris          | Meridiāns - CPSS     | 54:43   |
| 5   | 202  | Ainārs Gailis        | Auseklis IK          | 54:59   |
| 6   | 200  | Jānis Nulle          | Sm BJSS - Azimuts OK | 56:41   |
| 7   | 208  | Edgars Utāns         | Individuāli          | 59:51   |
| 8   | 203  | Pēteris Zariņš       | Mona OK              | 1:05:53 |
| 9   | 199  | Anatolijs Ozoliņš    | Auseklis IK          | 1:10:17 |
| 10  | 206  | Kalvis Bricis        | Individuāli          | 1:10:20 |
|     |      | 201 Ģirts Zilišķis   | Mona OK              | mp      |
|     |      | 205 Andrejs Gaumigs  | Mona OK              | mp      |



|     |                        |                  |     |      |         |
|-----|------------------------|------------------|-----|------|---------|
| S50 | (10)                   | 4.4 km           | 0 m | 14 C |         |
| 1   | 211 Dace Cebule        | Ogre OK          |     |      | 49:17   |
| 2   | 216 Ārija Šinke        | Kāpa OK          |     |      | 52:39   |
| 3   | 212 Ilze Laure         | Kāpa OK          |     |      | 57:14   |
| 4   | 217 Velga Buša         | Mona OK          |     |      | 58:35   |
| 5   | 213 Ilze Tāse          | Ogre OK          |     |      | 1:00:27 |
| 6   | 219 Skaidrite Krastiņa | Individuāli      |     |      | 1:13:50 |
| 7   | 215 Aija Alksne        | Meridiāns - CPSS |     |      | 1:14:26 |
| 8   | 218 Tamāra Kosmačeva   | Kāpa OK          |     |      | 1:18:47 |
| 9   | 214 Andra Melbārde     | Seniors          |     |      | 1:44:29 |
| 10  | 220 Vita Polkovņikova  | Individuāli      |     |      | 1:48:40 |

|     |                       |                  |     |      |         |
|-----|-----------------------|------------------|-----|------|---------|
| V50 | (13)                  | 6.5 km           | 0 m | 18 C |         |
| 1   | 223 Ģirts Mamis       | Mona OK          |     |      | 51:37   |
| 2   | 224 Juris Kokins      | Purva bridējs OK |     |      | 52:37   |
| 3   | 232 Juris Šinke       | Kāpa OK          |     |      | 53:29   |
| 4   | 234 Guntars Jansons   | Burkānciems OK   |     |      | 56:15   |
| 5   | 225 Jānis Nāgelis     | Mona OK          |     |      | 57:50   |
| 6   | 230 Vilnis Veļķeris   | Alūksne OK       |     |      | 1:01:34 |
| 7   | 233 Ivars Pucens      | Mona OK          |     |      | 1:03:41 |
| 8   | 229 Ivars Muzikants   | Mona OK          |     |      | 1:06:19 |
| 9   | 227 Uldis Pekuss      | Mona OK          |     |      | 1:15:08 |
| 10  | 226 Aivars Druvenieks | Sēlijas mežs     |     |      | 1:21:36 |
| 11  | Pēteris Apinis        | Kāpa OK          |     |      | 1:23:17 |
| 12  | 231 Juris Pētersons   | Mona OK          |     |      | 1:31:25 |
|     | 235 Raimonds Krēsliņš | Mona OK          |     |      | mp      |

|     |                 |             |     |      |         |
|-----|-----------------|-------------|-----|------|---------|
| S55 | (2)             | 4.3 km      | 0 m | 16 C |         |
| 1   | 238 Liene Busa  | Alnis OK    |     |      | 1:02:27 |
| 2   | 237 Dace Spudas | Individuāli |     |      | 1:28:44 |

|     |                     |                         |     |      |         |
|-----|---------------------|-------------------------|-----|------|---------|
| V55 | (5)                 | 5.6 km                  | 0 m | 17 C |         |
| 1   | 241 Aldis Lapiņš    | Sm BJSS - Azimuts OK    |     |      | 55:04   |
| 2   | 245 Uldis Alksnis   | Meridiāns - CPSS        |     |      | 59:18   |
| 3   | 244 Juris Drunka    | Madonas BJSS / OK Arona |     |      | 1:02:54 |
| 4   | 243 Miervaldis Buss | Alnis OK                |     |      | 1:08:23 |
| 5   | 240 Vilnis Ķūrens   | Madonas BJSS / OK Arona |     |      | 1:10:01 |

|     |                      |                 |     |      |         |
|-----|----------------------|-----------------|-----|------|---------|
| S60 | (4)                  | 4.3 km          | 0 m | 16 C |         |
| 1   | 250 Ruta Kukka       | Kāpa OK         |     |      | 52:40   |
| 2   | 248 Mudīte Alksne    | Jēkaba Aģentūra |     |      | 1:12:40 |
| 3   | 247 Maruta Habermane | A2              |     |      | 1:29:01 |
|     | 249 Māra Bolšteina   | Alnis OK        |     |      | mp      |



|     |     |                   |                  |      |         |
|-----|-----|-------------------|------------------|------|---------|
| V60 | (5) | 5.6 km            | 0 m              | 17 C |         |
| 1   | 255 | Jānis Biezais     | A2               |      | 54:08   |
| 2   | 254 | Andris Tauvens    | Viga OK          |      | 56:47   |
| 3   | 252 | Uldis Alksnis     | Jēkaba Aģentūra  |      | 1:13:42 |
| 4   | 253 | Helmuts Lukačovs  | SILVA            |      | 1:16:46 |
| 5   | 256 | Volli Kuk         | Kāpa OK          |      | 1:18:13 |
| S65 | (1) | 4.3 km            | 0 m              | 16 C |         |
| 1   | 258 | Jūlija Zvirgzde   | Seniors          |      | 1:35:46 |
| V65 | (8) | 4.4 km            | 0 m              | 14 C |         |
| 1   | 261 | Pēteris Novikovs  | Seniors          |      | 51:43   |
| 2   | 265 | Juris Zvirgzds    | Seniors          |      | 52:40   |
| 3   | 268 | Gunārs Fogelis    | Meridiāns - CPSS |      | 54:27   |
| 4   | 263 | Vilis Dubrovskis  | Seniors          |      | 56:54   |
| 5   | 267 | Jānis Kalniņš     | Sēlijas mežs     |      | 59:23   |
| 6   | 264 | Atis Anže         | Gulbenes n. BJSS |      | 59:47   |
| 7   | 266 | Māris Mālkalnetis | A2               |      | 1:00:57 |
| 8   | 262 | Zigurds Upmalis   | Auseklis IK      |      | 1:37:09 |
| V70 | (3) | 4.3 km            | 0 m              | 16 C |         |
| 1   | 272 | Edvīns Berners    | Prizma OK        |      | 1:02:09 |
| 2   | 273 | Andris Kalniņš    | Seniors          |      | 1:22:20 |
| 3   | 271 | Jānis Ozols       | Individuāli      |      | 2:11:36 |

